

Stanly County Swim Club (SCSC) trains at Stanly Family YMCA from 3:30-5pm Monday through Thursday afternoons throughout most of the year. Swimmers can begin at any age starting as early as 6 years old but they should be prepared to listen and learn in a team environment and swim laps in a 25 yard pool. Please consider YMCA swimming lessons to help develop a child who may not quite be ready for the swim team.

SCSC is also happy to train Stanly area high school swimmers who want to improve their performances at that level by swimming year round. Children can practice between 1-4 sessions per week and can choose any day(s) of the week to train. Please contact Coach Hannah Hawkins at (912) 531 5474 or at scsccyclones@yahoo.com for detailed and most up to date information. Stanly County Swim Club swimmers should be prepared to represent the team and compete at least a few times throughout the year in local YMCA competitions.

When Stanly based swimmers are ready for swim meets, we join forces with the highly successful Rowan Aquatic Club YMCA (RAC-Y Marlins) based out of J.F. Hurley Family YMCA in Salisbury. \$5 per month of your \$45 in swim team dues goes to RAC-Y. Please see the website at www.racyswimteam.com for detailed information about all of your coaches, swim meets, team history and pictures. Stanly swimmers take part in all of the RAC events, including a team biathlon and lake swim in September, and the team Christmas party and end of season banquet in June.

Coach Hannah is the area coach for both Stanly YMCA and the under 13 age group at RAC-Y. She has been Assistant Coach at Savannah College of Art and Design, and Head Men's and Women's Coach at Pfeiffer University, before finding her calling within the realm of YMCA swimming. She is currently serving as an assistant age group coach to the North Carolina swimming zone team and continues to swim and run herself in area competitions. Hannah is excited to welcome new swimmers to the Stanly program and help them discover a lifelong enjoyment as a swimmer.