

# Will you help?

*The YMCA is looking for volunteers to help serve Sunday Lunch at the Community Table*



***An average of 90 people come to the Table Mon-Sat for a hot meal. The YMCA is trying to meet the need on Sundays, as well, but we can't do it without help. Ask your Sunday School class, group or organization to participate. Contact Denise Crockett or Kelley Bigger at the 704.982.1916 for more information.***

*Serving 11:30 a.m.-1:00 p.m.  
1<sup>st</sup>, 2<sup>nd</sup>, and 4<sup>th</sup> Sundays  
Nov. 2010 - Feb. 2011*



For Youth Development  
For Healthy Living  
For Social Responsibility

*Sponsored by  
Stanly County Family YMCA  
427 North First St. Albemarle, NC 28001  
704.982.1916*