

Adult Learn-to-Swim

Adult Learn-to-Swim is an open to all members age 13 and up. Class is held on Mondays: 6:30-7:30 PM. It is available for all levels of adult swimmers from the very beginner to those who would just like to improve their swimming skills. The pool is only open to class participants during this time for the comfort of those in this class.

Registration is required and classes run on the same schedule as the children Learn-to-Swim. Minimum of 6 required to hold class. Class is limited to YMCA members only. There is no fee for this class. Registration is now open for Spring classes.

Spring classes March 21st-May 19th

Summer classes June 13th-August 18th

Fall classes September 12th-November 17th

If you have any question about this class or any other aquatic programs please feel free to contact our Aquatic Director, Diane Billings, by phone or e-mail.

Diane Billings
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dianebillings@stanlyfamilyymca.org