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FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# BLESSINGS IN A BACKPACK

## Food Drive for Backpack Program at the STANLY COUNTY FAMILY YMCA

Each Friday during the school year the Stanly County Family YMCA provides 40 Backpacks packed with food to help local children in need. During the month of November you can get involved by bringing items to be used for the Stanly County Family YMCA's backpack program. Donations will be accepted at the Membership Desk or at the Fitness Desk.

Examples of foods:

- Canned Soups, Tuna, Chicken, Fruits or Vegetables
- Individual cups of Peanut Butter
- Boxes of Individually wrapped Cereal bars, Oatmeal or Grits

**WHEN:** Month of November  
**TIME:** Anytime  
**LOCATION:** STANLY COUNTY FAMILY YMCA



Contact Kristen Underwood or Derrick Almond for any questions  
[www.stanlycountyyymca.org](http://www.stanlycountyyymca.org)